

Your Ref:

Our Ref: I:\Schools Services\Coronavirus
\Parents and Pupils\Stranraer Academy

09 October 2020

Education and Learning Directorate

The Bridge

Glasgow Road

Dumfries

DG2 9AW

BY EMAIL

Parents / Carers of Pupils at Stranraer
Academy (All Year Groups)

Any enquiries please contact

Gillian Brydson

Direct Dial: 01387 260100

Email:

DirectorSkillsEducationandLearning@dumgal.gov.uk

Dear Parents / Carer

**STRANRAER ACADEMY
ADVICE TO PARENTS / CARERS OF CHILDREN IN ALL YEAR GROUPS**

We have been advised by the NHS Dumfries and Galloway's Health Protection Team that there has been a confirmed case of COVID-19 within Stranraer Academy. The source of the infection is most likely to have originated in the community.

This letter is to inform you of the current situation and provide advice from public health on how to support your child.

The Health Protection Team are in the process of getting in touch with parents / carers of children who have had significant contact. **Your child has not been identified as a close contact.**

Contact tracing processes have been activated and any member of our school community who has been identified as a close contact with the confirmed case has been contacted or still to be contacted by the Test and Protect team, and will be isolating or will have to isolate at home for the **14-day period**.

The school is working in partnership with NHS Dumfries and Galloway, Public Health Scotland, and our Council's response team. This multiagency group has assessed the infection and prevention control plans that are in place in the school, and they have confidence in the measures we have introduced to manage the situation.

What to do if your child develops symptoms of COVID-19?

If your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least **10-days** from the date when their symptoms

appeared. All other household members who remain well must stay at home and not leave the house for **14-days**.

The **14-day** period starts from the day when the first person in the house became ill.

Household members should not go to work, school, public areas or use public transport.

<https://www.gov.scot/publications/coronavirus-covid-19-test-and-protect/pages/who-needs-to-self-isolate/>

Household members staying at home for **14-days** will greatly reduce the overall amount of infection the household could pass on to others in the community.

Anyone with symptoms will be eligible for testing. The final period of isolation will depend on the outcome of the test.

Further information on testing can be found at <https://www.nhsinform.scot/>.

The most common symptoms of coronavirus (COVID-19) are:

- new continuous cough and / or
- high temperature – 37.80C or above
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child or anyone in the household does develop symptoms, you can seek advice at <http://www.nhsinform.scot/>.

How to stop COVID-19 spreading?

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19.

DO:

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further information

Further information is available at:

- <https://www.nhsinform.scot/illnesses-and-conditions/infections-and-poisoning/coronavirus-covid-19>
- <https://www.gov.scot/coronavirus-covid-19/>

Yours sincerely

A handwritten signature in black ink, reading "Gillian Brydson". The signature is written in a cursive style with a long horizontal flourish extending to the right.

Dr Gillian Brydson
Director Skills, Education and Learning