

THEATRE WORKSHOP!

Performance Collective Stranraer are hosting a FREE workshop based on their professional physical theatre production 'Unsupervised Adulthood'.

What will you do?

Build your skills in comedy, creating character, using props, working within an ensemble and more!

Who is this for?

Ages 12+ with an interest in theatre

Where is this happening?

10am - 12pm at Stranraer Millennium Centre
24th June 2023

To sign up, scan QR code or email

jodie@performancecollectivestranraer.com



PERFORMANCE
COLLECTIVE
STRANRAER

'Unsupervised Adulthood' – Workshop

Date – 24th June 2023

Location – Stranraer Millennium Centre

Time – 10 am – 12 pm

Performance Collective Stranraer [PCS] is running a workshop at Stranraer Millennium Centre on 24th June 2023. Members of PCS will lead participants through a series of activities and exercises, which are based on the themes and concepts of our original production 'Unsupervised Adulthood', which toured in Autumn 2022.

Links

Website - <https://www.performancecollectivestranraer.com/>

Unsupervised Adulthood - <https://www.performancecollectivestranraer.com/unsupervised-adulthood>

Structure

- 10-minute presentation
- Warm-up
- Basic games and group exercises
- Activity 1
- Activity 2
- Cool down/feedback

Tech, Space and Equipment Required

- Access to at least 2 tables and 4 chairs
- Stationery and paper
- Open, clear space
- Access to sound system/speaker

Story Brief

UNSUPERVISED ADULTHOOD is a non-verbal, physical theatre comedy about a dreary working week. Suitable for ages 12+, this athletic production, performed by West of Scotland's finest young talents is an hour's jaunt navigating adult responsibility, whilst holding on to childlike play.

Set in a standard temp office – where no one knows exactly what all this paperwork is for – two long-suffering employees and their less-than-capable team leader continue the daily trudge until the new start walks in, determined to shake up the system. With intricate complex choreography (literally dancing on the tables), object manipulation of office supplies into anything imaginations can dream and whole lot of heart – UNSUPERVISED ADULTHOOD is about how joy can be found if you just look hard enough.

10-Minute Presentation

This will consist of the four Unsupervised Adulthood performers providing a condensed extract of the show. This demonstrates the story concept, the character relationships, and the theatrical elements used within the show.

Warm-up/Basic Games and Group Exercises

This section will get the participants more familiar with working in a group and as an ensemble. This will give participants a chance to get to know each other, get physically warm, and have some fun to loosen up before taking part in activities. During this section, they will also be introduced to/play around with the elements and themes of the show.

Activities

During this time, the group will be split in two. One side will take part in Activity 1 and the other in Activity 2, and then they will switch activities. The activities are as follows:

Activity 1 – Object Manipulation

This activity will show how objects and props can be used to demonstrate a story line or explore themes within a production.

Activity 2 – Creating a Character Persona

This activity will show participants how characters can be created and developed within a show.

There will then be the opportunity to take part in a full group exercise that will combine both activities.

Cool down/Feedback

This section will include a physical cool-down and a chance for participants to reflect on the workshop.

