

THE PEAK:  
YOUR TRUE  
POTENTIAL

# S4 STUDY STARTS NOW 2026



**YOUR 8-WEEK REVISION FOCUS GUIDE**

**STRANRAERACADEMY.ORG**

**S4 EDITION**

# STUDY STARTS NOW 2026

National 5 • 2025–2026 • 8 Week Revision Programme

6 Departments • 22 Subjects • Complete Study Plans

# STRANRAER ACADEMY

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2026**

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Welcome to Your Academic Journey The Study Starts Now webpage is your command centre for SQA exam preparation at Stranraer Academy. Whether you're in S4, S5, or S6, this comprehensive resource brings together everything you need to maximise your revision, stay organised, and achieve your best results.

#### What You'll Find on the Page

##### 8-Week Targeted Revision Guides

**Structured, week-by-week revision programmes tailored for each year group. Download our fillable Word planners to identify challenging topics, schedule dedicated revision sessions around your timetable, and track your progress systematically.**

##### Supported Study & Easter School

After-school supported study sessions and Easter School programmes provide direct access to teachers for extra help and targeted support in key subject areas.

##### Premium Online Learning Resources

Achieve – Comprehensive topic coverage with clear explanations, illustrations, and direct links to SQA exam questions

West OS – Video lessons supporting studies across multiple subjects

e-Sgoil – Live and recorded online lessons for additional learning opportunities

Scholar – Advanced materials for Higher and Advanced Higher subjects

##### Live Exam Countdown

**Stay motivated and manage your time effectively with our real-time countdown to the first exam.**

Don't leave your revision to chance. Visit [stranraeracademy.org/study-starts-now](https://stranraeracademy.org/study-starts-now/) today and take control of your success!

**NEW  
FOR  
2026**



### Study Planner Pro – Mobile App

The completely overhauled Study Planner can now be installed as a standalone mobile app. Features include a Points and Ranks system from Bronze Scholar to Diamond status, study streak tracking, advanced analytics, and smart data management with auto-save and export options.

### What's On Today

See all after-school supported study sessions happening today in real-time. Never miss an opportunity for extra help.

### Wellbeing Hub

Balance academic success with wellness. Access 104 daily tips covering study skills, nutrition, exercise, and mental health. Use the Pomodoro study timer and guided breathing exercises including Box Breathing, 4-7-8 Method, and Calm Breathing.

### Curated Study Links

Quick access to e-Sgoil online sessions and essential digital resources in one place.

Success in SQA exams requires consistent effort and smart planning. Visit [stranraeracademy.org/study-starts-now](https://stranraeracademy.org/study-starts-now) today.

**STUDY  
STARTS  
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2026**



# Jamie Farquhar

*Headteacher*

Welcome to the Stranraer Academy – Study Starts Now Program

Success in SQA exams is an important part of students' overall achievement at Stranraer Academy. This success requires teamwork and hard work over many years and especially in S4,5 and 6.

It is also true that intense, focussed revision – and completion of coursework – in the last few weeks before exams can improve grades. To support pupils in this effort, I am delighted to offer our Study Starts Now program.

Each subject has been split into 8 sections, one for each week before the exams, to guide revision and provide a framework to ensure every pupil knows exactly what they need to know and how well they know it. In addition to classwork, teacher support – including after-school study and the various online resources such as Achieve, Stranraer Academy pupils should be exceptionally well prepared for their exams.

I would wish pupils good luck in their exams, but luck has nothing to do with it: Work hard, don't give up and the success will follow.

...but also, good luck!

Mr Farquhar

**STUDY  
STARTS  
NOW  
2026**

**CREATIVE  
ARTS**

*National 5 • 8-Week Revision Plans*

- **Art and Design**
- **Drama**
- **Music**
- **Graphic Communication**

# ■ Art and Design

National 5

WEEK	STUDY FOCUS
<p style="text-align: center;"><b>1</b></p> <p style="text-align: center;">23 Feb – 1 Mar</p>	<p><b>Expressive Question 1(a) – Ralph Goings</b></p> <ol style="list-style-type: none"> <li>1. Visual Elements Prompts: Colour, Line, Tone, Pattern, Shape, Form, Texture</li> <li>2. Composition/Arrangement</li> <li>3. Media Handling and/or Techniques</li> </ol> <p>(all past paper practice for each prompt should include answer for Q1b in full)</p>
<p style="text-align: center;"><b>2</b></p> <p style="text-align: center;">2 – 8 Mar</p>	<p><b>Expressive Question 1(a) – Ralph Goings</b></p> <ol style="list-style-type: none"> <li>1. Scale</li> <li>2. Style</li> <li>3. Subject Matter/Imagery</li> <li>4. Mood and Atmosphere</li> </ol> <p>(all past paper practice for each prompt should include answer for Q1b in full)</p>
<p style="text-align: center;"><b>3</b></p> <p style="text-align: center;">9 – 15 Mar</p>	<p><b>Expressive Optional Questions 2–6 USING ACHIEVE</b></p> <ol style="list-style-type: none"> <li>1. Visual Elements Prompts: Colour, Line, Tone, Pattern, Shape, Form, Texture</li> <li>2. Composition/Arrangement</li> <li>3. Media Handling and/or Techniques</li> <li>4. Scale</li> </ol> <p>(all past paper practice for each prompt should include 2 justified personal opinions)</p>
<p style="text-align: center;"><b>4</b></p> <p style="text-align: center;">16 – 22 Mar</p>	<p><b>Expressive Optional Questions 2–6 USING ACHIEVE</b></p> <ol style="list-style-type: none"> <li>1. Style</li> <li>2. Subject Matter/Imagery</li> <li>3. Mood and Atmosphere</li> <li>4. Visual Impact</li> </ol> <p>(all past paper practice for each prompt should include 2 justified personal opinions)</p>

■ *Art and Design (continued)*

WEEK	STUDY FOCUS
<p style="text-align: center;"><b>5</b> 23 – 29 Mar</p>	<p><b>Design Q7(a) – Shepard Fairey</b></p> <ol style="list-style-type: none"> <li>1. Function</li> <li>2. Fitness for Purpose</li> <li>3. Materials and/or Techniques</li> </ol> <p>(all past paper practice for each prompt should include answer for Q7b in full)</p>
<p style="text-align: center;"><b>6</b> 13 – 19 Apr</p>	<p><b>Design Q7(a) – Shepard Fairey</b></p> <ol style="list-style-type: none"> <li>1. Target Market/Audience</li> <li>2. Visual Impact</li> <li>3. Style</li> </ol> <p>(all past paper practice for each prompt should include answer for Q7b in full)</p>
<p style="text-align: center;"><b>7</b> 20 – 26 Apr</p>	<p><b>Design Optional Questions 8–12 USING ACHIEVE</b></p> <ol style="list-style-type: none"> <li>1. Visual Elements Prompts: Colour, Line, Tone, Pattern, Shape, Form, Texture</li> <li>2. Function &amp; Fitness for Purpose</li> <li>3. Materials and/or Techniques</li> <li>4. Target Market/Audience</li> <li>5. Style</li> </ol> <p>(all past paper practice for each prompt should include 2 justified personal opinions)</p>
<p style="text-align: center;"><b>8</b> 27 Apr – 3 May</p>	<p><b>Design Optional Questions 8–12 USING ACHIEVE</b></p> <ol style="list-style-type: none"> <li>1. Influences/Sources of Inspiration</li> <li>2. Imagery</li> <li>3. Decoration</li> <li>4. Layout</li> <li>5. Lettering</li> </ol> <p>(all past paper practice for each prompt should include 2 justified personal opinions)</p>

**Revision Pack Includes:**

Artist and Designer Support Booklet  
 Achieve online class code: qCAwQp  
 Prompts Explained: Possible 'PEE' Impact points  
 Vocabulary Sheets  
 Past Paper Practice Questions: [www.sqa.org.uk](http://www.sqa.org.uk)

**Additional information:**

Revision pack available digitally on Teams  
 All Past Papers practiced will be marked and returned  
 1 to 1 feedback available during supported study sessions

# ■ Drama

National 5

WEEK	STUDY FOCUS
<b>1</b> 23 Feb – 1 Mar	<b>Performance + Written</b> ACTORS – Rehearse scene with no script DESIGNERS – Continue working on folio/mood boards EVERYONE – Attend drama during lunchtime/after school for extra rehearsal/planning time Written: Revise flashcards on: Voice and Movement Go to the SQA website and complete questions for Section One
<b>2</b> 2 – 8 Mar	<b>Performance + Written</b> ACTORS – Rehearse scene with no script DESIGNERS – Continue working on folio/mood boards EVERYONE – Attend drama during lunchtime/after school for extra rehearsal/planning time Written: Revise flashcards on: Conventions Go to the SQA website and complete questions for Section One
<b>3</b> 9 – 15 Mar	<b>Performance + Written</b> ACTORS – Rehearse scene with no script DESIGNERS – Continue working on folio/mood boards EVERYONE – Attend drama during lunchtime/after school for extra rehearsal/planning time Written: Revise flashcards on: Form Go to the SQA website and complete questions for Section Two
<b>4</b> 16 – 22 Mar	<b>Performance + Written</b> ACTORS – Rehearse scene with no script DESIGNERS – Continue working on folio/mood boards EVERYONE – Attend drama during lunchtime/after school for extra rehearsal/planning time Written: Revise flashcards on: Staging/areas of the stage Go to the SQA website and complete questions for Section One
<b>5</b> 23 – 29 Mar	<b>THIS IS PRACTICAL EXAM WEEK!!!! + Written</b> Written: Revise flashcards on: Genre Go to the SQA website and complete questions for Section Two
<b>6</b> 13 – 19 Apr	<b>Written</b> Revise flashcards on: Structure/Style Go to the SQA website and complete questions for Section One
<b>7</b> 20 – 26 Apr	<b>Written</b> Revise flashcards on: Characterisation techniques Go to the SQA website and complete questions for Section Two
<b>8</b> 27 Apr – 3 May	<b>Written</b> Revise flashcards on: Production Areas (Lighting, Sound, Costume, Makeup and hair, Set, Props) Go to the SQA website and complete questions for Section Two

# ■ Music

National 5

WEEK	STUDY FOCUS
<p style="text-align: center;"><b>1</b></p> <p style="text-align: center;">23 Feb – 1 Mar</p>	<p><b>Performance + Understanding Music</b></p> <p>Work on ALL pieces on BOTH instruments. Ensure you are using backing tracks/accompaniments where appropriate</p> <p>Attend after school study on a Wednesday</p> <p>Understanding Music – using <a href="https://mymusiconline.co.uk/national-5-quizzes">https://mymusiconline.co.uk/national-5-quizzes</a> – complete listening quizzes; first revise each concept by listening to examples and revising definitions</p> <p>Scottish Quiz 1</p> <p>Scottish Quiz 2</p> <p>World Music Quiz</p>
<p style="text-align: center;"><b>2</b></p> <p style="text-align: center;">2 – 8 Mar</p>	<p><b>Performance + Understanding Music</b></p> <p>THIS IS EXAM WEEK!!!! Check the time of your exam and make sure you have all music/backings ready</p> <p>Understanding Music – using <a href="https://mymusiconline.co.uk/national-5-quizzes">https://mymusiconline.co.uk/national-5-quizzes</a> – complete listening quizzes; first revise each concept by listening to examples and revising definitions</p> <p>Symphony &amp; Concerto Quiz</p> <p>Baroque/Classical/Romantic Quiz</p> <p>Instruments Quiz</p>
<p style="text-align: center;"><b>3</b></p> <p style="text-align: center;">9 – 15 Mar</p>	<p><b>Understanding Music</b></p> <p>Using <a href="https://mymusiconline.co.uk/national-5-quizzes">https://mymusiconline.co.uk/national-5-quizzes</a> complete the listening quizzes but first revise each of the concepts linked to the quiz by listening to the examples and revising the definitions</p> <p>Melody Quiz</p> <p>Harmony Quiz</p> <p>Cadences Quiz</p>
<p style="text-align: center;"><b>4</b></p> <p style="text-align: center;">16 – 22 Mar</p>	<p><b>Understanding Music</b></p> <p>Using <a href="https://mymusiconline.co.uk/national-5-quizzes">https://mymusiconline.co.uk/national-5-quizzes</a> complete the listening quizzes but first revise each of the concepts linked to the quiz by listening to the examples and revising the definitions</p> <p>20th &amp; 21st Century Quiz</p> <p>Rhythm Quiz</p> <p>Time Signatures Quiz</p>

## ■ Music (continued)

WEEK	STUDY FOCUS
<p style="text-align: center;"><b>5</b> 23 – 29 Mar</p>	<p><b>Understanding Music</b></p> <p>Using <a href="https://mymusiconline.co.uk/national-5-quizzes">https://mymusiconline.co.uk/national-5-quizzes</a> complete the listening quizzes but first revise each of the concepts linked to the quiz by listening to the examples and revising the definitions</p> <p>Texture Quiz Structure &amp; Form Quiz Bass Lines Quiz</p>
<p style="text-align: center;"><b>6</b> 13 – 19 Apr</p>	<p><b>Understanding Music</b></p> <p>Using <a href="https://mymusiconline.co.uk/national-5-quizzes">https://mymusiconline.co.uk/national-5-quizzes</a> complete the listening quizzes but first revise each of the concepts linked to the quiz by listening to the examples and revising the definitions</p> <p>Vocal Quiz Instrumental Techniques Quiz Dynamics Quiz</p>
<p style="text-align: center;"><b>7</b> 20 – 26 Apr</p>	<p><b>Understanding Music</b></p> <p>Go to MRS SMITH S4 MUSIC 2025 Team/Files/Past Papers and select 2024 paper Complete Questions 1–4 then hand into Mrs Smith for marking</p>
<p style="text-align: center;"><b>8</b> 27 Apr – 3 May</p>	<p><b>Understanding Music</b></p> <p>Go to MRS SMITH S4 MUSIC 2025 Team/Files/Past Papers and select 2024 paper Complete Questions 5–8 then into Mrs Smith for marking</p>

# ■ Graphic Communication

National 5

WEEK	STUDY FOCUS
<p><b>1</b> 23 Feb – 1 Mar</p>	<p><b>The 3 Ps + Drawing Standards</b>            The 3 Ps (textbook pages 13–17)(Achieve): Preliminary, Production &amp; Promotion; What type of graphic to use and when            Drawing standards (Textbook pages 18–21)(Achieve): Drawing Conventions, Line types, symbols and British Standards</p>
<p><b>2</b> 2 – 8 Mar</p>	<p><b>2D Drawing Techniques (textbook pages 22–38)(Achieve)</b>            Surface Developments            Circles, Hexagons &amp; Octagons            Orthographic projection            Prisms, Cylinders, Pyramids, Cones            True Shapes (Past Paper Questions)</p>
<p><b>3</b> 9 – 15 Mar</p>	<p><b>Pictorial Drawing &amp; Free hand sketching + Sections/Assemblies</b>            Pictorial Drawing &amp; Free hand sketching (Textbook P39–43, P53–57) (Achieve): Isometric, Planometric, Oblique, 1pt Perspective, 2pt Perspective            Sections, Assemblies and Exploded Views (textbook 44–48)(Achieve) (Past Paper Qs)            How to read &amp; Create Orthographic Views            How to read &amp; Create Sectional Views (Past Paper Questions)            How to read &amp; Create Exploded views</p>
<p><b>4</b> 16 – 22 Mar</p>	<p><b>2D CAD + 3D CAD (textbook P71–95)(Achieve)(Past Paper Questions)</b>            2D CAD – Identify from given images: Pan, Array, Copy &amp; Paste, Mirror, Zoom, Trim, Extend, Rotate, Scale            3D CAD – Explain how to create given parts using: Sketch (line, rectangle, circle, polygon etc), Dimension, Extrude, Subtract, Revolve, Shell, Fillet, Chamfer, Array, Assembly (Mate, Centre Axis Mate, Align)</p>

■ *Graphic Communication (continued)*

WEEK	STUDY FOCUS
<p style="text-align: center;"><b>5</b> 23 – 29 Mar</p>	<p><b>DTP (Textbook 109–130)(Achieve)(Past paper Qs)</b> Benefits to Graphic Designer; Benefits to industry/society Identify and explain the purpose of: DTP Terms Glossary – Grid, Gutter, Column, Text wrap, Bleed, Margin, Transparency, Drop shadow, Heading, sub-heading, Footer/Header, Crop, Fills &amp; texture, Font, Flow text along a path, Reverse, Caption</p>
<p style="text-align: center;"><b>6</b> 13 – 19 Apr</p>	<p><b>DTP Elements &amp; Principles (Textbook P131–141)(Achieve)(Past Paper Questions)</b> Identify and explain: Line, Alignment (Left, Right, Centre, Justified), Balance, Colour (Contrast, Harmony), Contrast, Depth, Unity, repetition &amp; harmony, Dominance &amp; Emphasis, Shape</p>
<p style="text-align: center;"><b>7</b> 20 – 26 Apr</p>	<p><b>Colour Theory + Graphs &amp; Charts</b> Colour Theory (Textbook P142–145)(Achieve)(Past Paper): Identify and explain: Harmony, Contrast, Primary/Secondary/Tertiary, Advancing/Warm, Receding/Cold, Moods/emotions Graphs &amp; Charts (textbook 149–155)(Achieve): Bar Chart, Pie chart, Line graph – identify each and explain when it should be used</p>
<p style="text-align: center;"><b>8</b> 27 Apr – 3 May</p>	<p><b>Building Drawings + Building Symbols</b> Building Drawings (Textbook pages 62–70)(Achieve)(Past Papers 2019 and earlier): Identify and explain: Location Plan, Site Plan, Floor Plan, Elevation, Illustration Building Symbols (textbook P61)(Achieve)(Past Paper before 2019): Identify: Lamp/Light, Switch, Socket, Insulation, Brickwork, Concrete, Sawn Wood, Window, Door, Sink top, Sink, Bath, Wash basin, Shower tray, Radiator, WC</p>

**STUDY  
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**HEALTHY  
LIVING**

*National 5 • 8-Week Revision Plans*

- **Health and Food Technology**
- **Physical Education**
- **Practical Cookery**

# ■ Health and Food Technology

National 5

WEEK	STUDY FOCUS
<p><b>1</b> 16/02/2026</p>	<p><b>Complete assignment</b> Proof read assignment and hand in for checking Meet deadlines given</p>
<p><b>2</b> 23/02/2026</p>	<p><b>Make any necessary amendments to assignment</b> Proof read thoroughly Meet deadlines given</p>
<p><b>3</b> 2/03/2026</p>	<p><b>Revise nutrition</b> Nutrients, functions, sources Revise effect on health of too much and too little of all nutrients Practice DRV questions and nutrition questions in past papers</p>
<p><b>4</b> 9/03/2026</p>	<p><b>Revise current dietary advice + dietary diseases</b> Revise current dietary advice and practical ways to meet this advice Revise dietary diseases, causes and effect on health Practice relevant past paper questions including amending menus to meet current advice</p>
<p><b>5</b> 16/03/2026</p>	<p><b>Revise stages of product development + functional properties</b> Revise stages of product development including sensory testing Revise functional properties of eggs, sugar, flour, fat and liquids Be able to give practical examples to help explain each functional property and how it affects final product e.g. texture, colour, taste etc.</p>
<p><b>6</b> 23/03/2025</p>	<p><b>Revise food safety + product development questions</b> Revise food safety including causes of food poisoning Practice past paper questions on all food product development questions</p>
<p><b>7</b> 13/04/2025</p>	<p><b>Factors influencing food choice + food labelling + organisations</b> Look at all factors that influence food choice and be able to describe how they would restrict/open choices for various groups Revise food labelling both statutory and voluntary and be able to explain how they benefit the consumer Revise the roles and duties of Environmental Health Officer and Trading Standards Officer Look at the roles other organisations play in helping consumers</p>
<p><b>8</b> 20/04/2025</p>	<p><b>Past paper questions without notes</b> If you come up against a question you don't know then note that and learn it as you still may have gaps in your knowledge <i>Use Achieve and Teams for all revision</i> <i>Practice short-answer and extended writing questions</i> <i>Past papers available on SQA website: <a href="http://sqa.org.uk">sqa.org.uk</a></i></p>

# ■ Physical Education

National 5

WEEK	STUDY FOCUS
<b>1</b> 16/02/2026	Performance Skills — Q3D: complete answers
<b>2</b> 23/02/2026	Performance Analysis — Q3E: prep and complete answers
<b>3</b> 2/03/2026	Performance Development — Q3F: prep and complete answers
<b>4</b> 9/03/2026	Completion — Finish Q3F; Data sheets; Final check
<b>5</b> 16/03/2026	Final Review — Catch up; Final check and print
<b>6</b> 23/03/2025	Submission — Final check; Submission deadline
<b>7</b> 13/04/2025	Exam Preparation
<b>8</b> 20/04/2025	Exam Preparation

# ■ Practical Cookery

National 5

WEEK	STUDY FOCUS
<b>1</b> 02/02/26	<b>Exam Main Course Practice</b> Adhere to cookery, skills and processes to produce main course recipe Evaluation Questions
<b>2</b> 09/02/26	<b>Demonstration Exam Dessert + Sustainability</b> Sustainability – structuring "explain" responses to questions with a focus on: Organic Foods Food Miles Seasonality Purchasing Local Fairtrade
<b>3</b> 16/02/26	<b>Exam Dessert Course Practice</b> Calculation Questions Evaluation Questions Adaptation Questions
<b>4</b> 23/02/26	<b>Assignment – Type up</b> Timeplan: Create a time plan for the practical activity, including a logical sequence of work and when you plan to carry out: temperature control, appropriate hygiene points, tasting for seasoning, service times Equipment Requisition: Identifying all equipment required for you to complete all three recipes successfully Service Details: Explain how each of the dishes will be served through creating three diagrams including: details of the service dishes, the temperature of the food and service dishes, details of the garnishes and decoration
<b>5</b> 2/03/26	<b>Food Preparation Techniques</b> Structuring "describe" and "explain" responses Peel; skin; chop; slice; dice; cut matchsticks; cut batons; segment; blanch; puree; marinate; strain; pass; grate; coat; mix; blend; whisk
<b>6</b> 09/03/26	<b>Final Practical Exam – pupils will be notified of date of exam</b>
<b>7</b> 16/03/26	<b>Final Practical Exams – pupils will be notified of date of exam + Food Prep Techniques</b> Structuring "describe" and "explain" responses cream; fold; rub in; knead; roll out; portion; shape; line; bake blind; glaze; pipe
<b>8</b> 23/03/26	<b>Past paper questions</b> Evaluations Calculations Adaptations Sustainability Explain and describe questions

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# LANGUAGES

*National 5 • 8-Week Revision Plans*

- English
- Media
- Spanish

# English

National 5

Scan to access resources



WEEK	STUDY FOCUS
<b>1</b> 23 Feb – 1 Mar	<b>Scottish Text</b> Reread/listen to/watch your Scottish Text – 'Sailmaker' by Alan Spence or 'Tally's Blood' by Ann Marie Di Mambro <a href="#">Sailmaker Act 1</a> <a href="#">Sailmaker Act 2</a> <a href="#">Sailmaker Text</a> Take notes on the key characters, relationships and themes
<b>2</b> 2 – 8 Mar	<b>Critical Essay</b> Revise key quotes for your poem – create cue cards/a poster/spider-diagram Make sure you can analyse each quote fully
<b>3</b> 9 – 15 Mar	<b>Reading for U,A,E</b> Revise notes on 'Own words' and 'Link' questions Complete worksheets on ' <a href="#">Own words</a> ' and ' <a href="#">Link</a> ' questions
<b>4</b> 16 – 22 Mar	<b>Scottish Text</b> Revise the structure of the 8-mark question: Commonality, Extract and Elsewhere Attempt an 8-mark question <a href="#">8 mark structure</a> <a href="#">Scottish Text Extract</a>
<b>5</b> 23 – 29 Mar	<b>Critical Essay</b> Plan and attempt one of the following essay questions: 5. Choose a poem which describes a person or a place or an event in a memorable way. By referring to poetic techniques, explain how the poet makes this poem so memorable. OR 6. Choose a poem which deals with a powerful emotion. By referring to poetic techniques, show how the poet creates the powerful emotion. Target: make sure your response revolves around the question (this is open book and not time limited)
<b>6</b> 13 – 19 Apr	<b>Reading for U,A,E</b> Revise Word choice questions: <a href="https://www.youtube.com/watch?v=iXCVIsPD53I&amp;list=PLMxmCfv-IXbbisCVbYpJ5Eufxg63cZrD2&amp;index=2">https://www.youtube.com/watch?v=iXCVIsPD53I&amp;list=PLMxmCfv-IXbbisCVbYpJ5Eufxg63cZrD2&amp;index=2</a> Revise 'Imagery' questions Attempt the worksheets on 'Word choice' and 'Imagery' <a href="#">Imagery worksheet</a> <a href="#">Word Choice worksheet</a>
<b>7</b> 20 – 26 Apr	<b>Critical Essay</b> Attempt a timed essay (45mins): 5. Choose a poem that has a strong message. Consider the whole poem, and by referring to poetic techniques explain how the strong message is explored. 6. Choose a poem which creates a particular mood or atmosphere. By referring to poetic techniques, show how the poet creates this particular mood or atmosphere.
<b>8</b> 27 Apr – 3 May	<b>Reading for U,A,E</b> Revise 'Sentence structure' questions: <a href="https://www.youtube.com/watch?v=Amf5DI9LL-jM&amp;list=PLMxmCfv-IXbbisCVbYpJ5Eufxg63cZrD2&amp;index=1">https://www.youtube.com/watch?v=Amf5DI9LL-jM&amp;list=PLMxmCfv-IXbbisCVbYpJ5Eufxg63cZrD2&amp;index=1</a> Revise 'Effective conclusion' questions Attempt worksheet on ' <a href="#">Sentence structure</a> '  <i>Texts: Sailmaker by Alan Spence or Tally's Blood by Ann Marie Di Mambro</i> <i>Worksheets and resources on Teams</i>

# Media

National 5

WEEK	STUDY FOCUS
<p><b>1</b> 2/3–7/3</p>	<p><b>Language and Categories</b></p> <p>Genre – Revise your notes on "A Quiet Place" to identify and give examples of 10 horror genre conventions</p> <p>Language – Revise your notes on "A Quiet Place" and "Angel's Share" (rewatch the beginning of both if needed) to identify and give 10 examples of media language techniques (TEAMS&gt;Shared&gt;Revision&gt;Week 1)</p>
<p><b>2</b> 9/3–14/3</p>	<p><b>Narrative</b></p> <p>Revise the 5 steps of Todorov's Theory and the 7 characters of Propp's Theory</p> <p>Apply these to either "A Quiet Place" or "Nosedive"</p> <p>Create flash cards/a poster/spider-diagram to define, give an example and explain each of these (TEAMS&gt;Shared&gt;Revision&gt;Week 2)</p>
<p><b>3</b> 16/3–21/3</p>	<p><b>Audience and Representation</b></p> <p>Audience – Revise your notes on "Adolescence" and "A Quiet Place" to identify 8 audiences (4 for each) that would be the target for each of these media texts</p> <p>Write 8 KEE paragraphs identifying the audience, giving an example from the media text that supports this and explaining why the audience would like it</p> <p>Representation – Revise "Adolescence" and "A Quiet Place Notes" to identify and give examples of 10 stereotypes/counterstereotypes (TEAMS&gt;Shared&gt;Revision&gt;Week 3)</p>
<p><b>4</b> 23/3–28/3</p>	<p><b>Institutions and Society</b></p> <p>Institutions – Revise internal and external factors and give 5 examples from each of the media texts: "Adolescence" and "The Night of the Living Dead"</p> <p>Society – Create flashcards/a poster/spider-diagram to define, give an example and explain 10 society factors (things happening in our culture) that affected the making of either "Adolescence" or "Night of the Living Dead" (TEAMS&gt;Shared&gt;Revision&gt;Week 4)</p>

■ *Media (continued)*

WEEK	STUDY FOCUS
<p style="text-align: center;"><b>5</b> 30/3–4/4</p>	<p><b>Poster Analysis</b></p> <p>Choose one of the 5 Film Posters on Teams (TEAMS&gt;Shared&gt;Revision&gt;Week 5) and write a minimum of 5 KEE paragraphs analysing the poster. Make sure you include:</p> <ul style="list-style-type: none"> <li>Target Audience</li> <li>Main Image – central characters (costume and representation)</li> <li>Lighting and Colour</li> <li>Setting and/or Props</li> <li>Narrative/Representation</li> <li>Institutions/Categories</li> </ul>
<p style="text-align: center;"><b>6</b> 6/4–11/4</p>	<p><b>Role of Media</b></p> <p>Revise the 3 types of questions – look through past papers to make sure you can identify which one is which</p> <p>Create flashcards/a poster/spider-diagram to learn a minimum of 5 KEE paragraphs for each type of question, using the media texts: "Dumb Ways to Die", "Shame on You", "Lynx: Spray More, Get More" and Logan Paul's "Why 2018 Was the Most Important Year of My Life" (TEAMS&gt;Files&gt;Revision&gt;Week 6)</p>
<p style="text-align: center;"><b>7</b> 13/4–18/4</p>	<p><b>Language, Categories, Narrative, Audience and Representation</b></p> <p>Revise over work done in Weeks 1–3 on Language, Categories, Narrative, Audience and Representation</p> <p>Attempt to answer a Past Paper question for each of these Key Aspects in timed conditions (20 mins per question)</p> <p>(TEAMS&gt;Files&gt;Revision&gt;Week 7)</p>
<p style="text-align: center;"><b>8</b> 20/4–25/4</p>	<p><b>Institutions, Society, Poster Analysis and Role of Media</b></p> <p>Revise over work done in Weeks 4–6 on Institutions, Society, Poster Analysis and Role of Media</p> <p>Attempt to answer a Past Paper question for each of these sections in timed conditions (20 mins per question)</p> <p>(TEAMS&gt;Files&gt;Revision&gt;Week 8)</p>

**Exam: Wednesday 29th April 12:30–14:30**

*Texts studied: A Quiet Place*  
*Angel's Share*  
*Adolescence*  
*Nosedive*  
*Night of the Living Dead*

*Dumb Ways to Die*  
*Shame on You*  
*Lynx: Spray More Get More. Resources on*  
*TEAMS>Shared>Revision. Exam: Wednesday 29th April 12:30-*  
*14:30.*

# Spanish

National 5

WEEK	STUDY FOCUS
<p><b>1</b> 23 Feb – 1 Mar</p>	<p><b>Speaking Assignment</b> Timed practice for Speaking assignment Talking: - pronunciation practice with imtranslator - timed practice in pairs/teachers (Mrs Pearson – every Thursday and Mr Szymik)</p>
<p><b>2</b> 2 – 8 Mar</p>	<p><b>Writing and Speaking</b> Writing assignment – 1st try 1 hour Speaking practice: - pronunciation practice with imtranslator - timed practice in pairs/teachers (Mrs Pearson – every Thursday and Mr Szymik)</p>
<p><b>3</b> 9 – 15 Mar</p>	<p><b>Final Writing</b> Writing assignment – 1 hour (Final) Speaking practice Reading and analyse texts and discuss reading strategies using N5 SQA past papers. Use of <a href="http://readlang.com">readlang.com</a> to expand vocabulary. Writing past paper practice -job application (6 bullet points) Listening practice. Analyse listening transcripts and discuss listening strategies using N5 SQA past papers.</p>
<p><b>4</b> 16 – 22 Mar</p>	<p><b>Skills Review</b> Reviewing Reading and Listening strategies. Use of <a href="http://readlang.com">readlang.com</a> to expand vocabulary. Further practice for reading, writing and listening – in class and lunchtime.</p>
<p><b>5</b> 23 – 29 Mar</p>	<p><b>Speaking Performance</b> Talking Performance recording (start) – SQA Examination. Teacher to fill out green form with final marks. Further practice for reading, writing and listening – in class and lunchtime.</p>
<p><b>6</b> 13 – 19 Apr</p>	<p><b>Exam Practice</b> Timed past papers All skills; Use <a href="http://readlang.com">readlang.com</a> Timed past paper practice: reading, writing &amp; listening. Use of <a href="http://readlang.com">readlang.com</a> to expand vocabulary.</p>
<p><b>7</b> 20 – 26 Apr</p>	<p><b>Revision Week 1</b> Comprehensive SQA revision Use <a href="http://readlang.com">readlang.com</a> N5 Spanish SQA Revision week: listening, reading, writing. Use of <a href="http://readlang.com">readlang.com</a> to expand vocabulary.</p>
<p><b>8</b> 27 Apr – 3 May</p>	<p><b>Revision Week 2</b> Final SQA revision Use <a href="http://readlang.com">readlang.com</a> N5 Spanish SQA Revision week: listening, reading, writing. Use of <a href="http://readlang.com">readlang.com</a> to expand vocabulary.</p>

**STUDY  
STARTS  
NOW  
2026**

**MATHS &  
BUSINESS**

*National 5 • 8-Week Revision Plans*

- Administration & IT
- Applications of Mathematics
- Business Management
- Computing Science
- Mathematics

# ■ Administration & IT

National 5

WEEK	STUDY FOCUS
<p><b>1</b> 23/2-1/3</p>	<p><b>Spreadsheets</b>            Basic formula            Absolute cell references            IF statements            Charts            Complex formula  <b>COMPLETE THE N5 PRACTICE EXERCISES ON GLOW (ACCESS THROUGH SPREAD-SHEETS)</b>            Other available resources: Achieve, BBC Bitesize, SQA website, Tasks on Glow</p>
<p><b>2</b> 2/3-8/3</p>	<p><b>Theory</b>            Admin Assistant            Customer Service  <b>ANSWER THE FOLLOWING QUESTIONS:</b>            1. Describe tasks/duties of an Admin Assistant? (4)            2. Outline 3 skills/qualities of an Admin Assistant? (3)            3. Outline strategies a business can use to provide good customer care? (3)            4. Explain the benefits of good customer service? (3)            5. Outline the consequences of poor customer service? (3)</p>
<p><b>3</b> 9/3-15/3</p>	<p><b>Databases</b>            Editing a Database            Queries            Forms            Reports  <b>COMPLETE THE 'N5 DB PAST PROJECT TASKS' ON GLOW. Complete 2014, 2015 and 2016 questions.</b>            Other available resources: Achieve, BBC Bitesize and tasks on Glow.</p>
<p><b>4</b> 16/3-22/3</p>	<p><b>Theory</b>            Health and Safety            File Management  <b>ANSWER THE FOLLOWING QUESTIONS:</b>            1. Describe the employer responsibilities under the Health and Safety at Work Act? (3)            2. Describe the employee responsibilities under the Health and Safety at Work Act? (3)            3. Outline features of good file management? (3)            4. Identify advantages of good file management? (3)            5. Explain consequences of poor file management? (3)            Other available resources: Achieve, BBC Bitesize, SQA website, Tasks on Glow.</p>

## ■ Administration &amp; IT (continued)

WEEK	STUDY FOCUS
<p style="text-align: center;"><b>5</b> 23/3-29/3</p>	<p><b>Theory</b> Reliable sources of information COMPLETE THE FOLLOWING QUESTIONS: Identify benefits of using reliable sources of information? (3) Describe the consequences of using unreliable sources? (3) Other available resources: Achieve, BBC Bitesize, SQA website, Tasks on Glow.</p>
<p style="text-align: center;"><b>6</b> 30/3-5/4</p>	<p><b>Theory</b> Security legislation Data Protection Act COMPLETE THE FOLLOWING QUESTION: 1. Outline 3 principles of the Data Protection Act? (3) Other available resources: Achieve, BBC Bitesize, SQA website, Tasks on Glow.</p>
<p style="text-align: center;"><b>7</b> 6/4-12/4</p>	<p><b>Theory</b> Methods of electronic communication Features of email and e-diary Features of social media Features of PowerPoint COMPLETE THE FOLLOWING QUESTIONS: 1. Describe 3 features of e-mail? (3) 2. Outline ways electronic information can be used in an office? (3)</p>
<p style="text-align: center;"><b>8</b> 13/4-19/4</p>	<p><b>Combined Practice</b> COMPLETE FULL SPECIMEN PAPER (FILES AND INSTRUCTIONS ON GLOW) For this you need to complete a spreadsheet, database and theory questions. Personal revision also required – mind maps, questions, tasks on glow.</p>

*Resources: Achieve, BBC Bitesize, SQA, GLOW*

# ■ Applications of Mathematics

National 5

WEEK	STUDY FOCUS
1 23/2-1/3	<p><b>BODMAS and Rounding / Fractions, Decimals and Percentages</b></p> <p>BODMAS: Non-Calculator Numeracy Skills; Order of Operations; Rounding to Significant Figures; Rounding to Decimal Places</p> <p>Fractions, Decimals and Percentages: Fraction of an Amount; Adding and Subtracting Fractions; Comparing Fractions, Decimals and Percentages; Expressing a Value as a Percentage of Another; Compound Interest</p>
2 2/3-8/3	<p><b>Graphs, Charts and Tables / Statistics</b></p> <p>Graphs, Charts and Tables: Interpreting Tables; Interpreting/Constructing Pie Charts; Bar Graphs; Line Graphs; Stem and Leaf; Scatter Graphs and Line of Best Fit</p> <p>Statistics: Mean, Median, Mode and Range; Quartiles and Interquartile Range; Box Plots; Standard Deviation; Comparing Average and Spread</p>
3 9/3-15/3	<p><b>Income and Budgeting / Foreign Exchange and Best Deals</b></p> <p>Income and Budgeting: Wages and Hourly Rate; National Insurance and Income Tax; Overtime and Commission; Benefits and Allowances; Gross Pay, Deductions, Net Pay</p> <p>Foreign Exchange and Best Deals: Currency Conversions; Event Planning; Managing Incomings and Outgoings; Best Value for Money</p>
4 16/3-22/3	<p><b>Probability / Speed, Distance and Time</b></p> <p>Probability: Probability of a Complex Event (e.g., from a table or spinners/dice); Expected Frequency</p> <p>Speed, Distance and Time: Time Intervals; Decimal Time; Speed, Distance, Time Calculations; Time Zones</p>
5 23/3-29/3	<p><b>Scale Drawing</b></p> <p>Measuring Bearings</p> <p>Constructing and Interpreting Scale Drawing</p>
6 30/3-5/4	<p><b>Ratio and Proportion / Pythagoras's Theorem</b></p> <p>Ratio and Proportion: Sharing in a Ratio; Ratio Calculations; Direct Proportion; Indirect Proportion</p> <p>Pythagoras' Theorem: Finding the Length of a Long Side <math>c^2 = a^2 + b^2</math>; Finding the Length of a Short Side <math>a^2 = c^2 - b^2</math>; Mixed Questions, including Application</p>
7 6/4-12/4	<p><b>Length and Area / Volume</b></p> <p>Length and Area: Converting Units; Area of a Square, Rectangle, Triangle, Circle; Composite Areas; Circumference of a Circle; Perimeter of a Shape (inc. Composite Shape)</p> <p>Volume: Volume of a Cube, Prism, Cylinder, Cone, Sphere; Volume of a Composite Shape; Liquid Volume (<math>1\text{cm}^3 = 1\text{ml}</math>, <math>1\text{l} = 1000\text{ml}</math>)</p>
8 13/4-19/4	<p><b>Container Packing / Precedence Tables / Gradient / Tolerance</b></p> <p>Container Packing</p> <p>Precedence Tables: Critical Path</p> <p>Gradient: Gradient of a Slope; Gradient including Pythagoras's Theorem</p> <p>Tolerance: Calculating Limits (inc. with percentages); Using Limits to Calculate Tolerance; Applying Tolerance to Context</p>

*Use SQA past papers and Achieve for all revision.*

# ■ Business Management

National 5

WEEK	STUDY FOCUS
<p><b>1</b> 23/2-1/3</p>	<p><b>Understanding Business</b>            Factors of Production            Sectors of Industry            Sectors of Economy – Private (sole traders, Partnerships, LTD) Public (government funded organisations) Third (charities, voluntary organisations, social enterprises)            Objectives</p> <p>COMPLETE UNDERSTANDING BUSINESS SECTION OF 2022 PAPER (ACCESS THROUGH ACHIEVE) – Questions 3a, 3b and 3c            CREATE A MIND MAP ON PRIVATE, PUBLIC AND THIRD – OWNERSHIP, CONTROL, FINANCE, OBJECTIVES</p> <p>Other available resources: Achieve, BBC Bitesize, SQA website, Scholar, Tasks on Glow, Leckie and Leckie textbooks, jotters</p>
<p><b>2</b> 2/3-8/3</p>	<p><b>Understanding Business (continued)</b>            Customer Service            External factors (PESTEC)            Internal Factors            Stakeholders – interest and influence</p> <p>COMPLETE UNDERSTANDING BUSINESS SECTION OF 2021 PAPER (ACCESS THROUGH ACHIEVE) – Questions 7a, 7b and 7c</p> <p>Other available resources: Achieve, BBC Bitesize, SQA website, Scholar, Tasks on Glow, Leckie and Leckie textbooks, jotters</p>
<p><b>3</b> 9/3-15/3</p>	<p><b>Operations</b>            Purchasing Mix            Inventory control diagram            Overstocking and understocking            Computerised inventory control systems            Methods of production            Quality            Environmental methods and technology in operations</p> <p>COMPLETE OPERATIONS SECTION OF 2023 PAPER (ACCESS THROUGH ACHIEVE) – Questions 3a, 3b and 3c</p> <p>IN YOUR REVISION JOTTER – DRAW AND LABEL AN INVENTORY CONTROL DIAGRAM            Other available resources: Achieve, BBC Bitesize, SQA website, Scholar, Tasks on Glow, Leckie and Leckie textbooks, jotters</p>
<p><b>4</b> 16/3-22/3</p>	<p><b>Marketing</b>            Market segmentation; Market research; Technology in Marketing            Marketing Mix – product: Product development; Product life cycle; Branding; Packaging            Marketing Mix – Price: Factors determining price; Pricing strategies</p> <p>COMPLETE MARKETING SECTION OF 2021 PAPER (ACCESS THROUGH ACHIEVE)            Other available resources: Achieve, BBC Bitesize, SQA website, Scholar, Tasks on Glow, Leckie and Leckie textbooks, jotters</p>

■ *Business Management (continued)*

WEEK	STUDY FOCUS
<p><b>5</b> 23/3-29/3</p>	<p><b>Marketing (continued)</b>                      Marketing Mix – Place: Importance of location; Factors influencing business location; Methods of distribution                      Marketing Mix – Promotion: E-commerce; Advertising; Methods of sales promotion                      COMPLETE MARKETING SECTION OF 2019 PAPER (ACCESS THROUGH ACHIEVE)                      Other available resources: Achieve, BBC Bitesize, SQA website, Scholar, Tasks on Glow, Leckie and Leckie textbooks, jotters</p>
<p><b>6</b> 30/3-5/4</p>	<p><b>Human Resources (HR)</b>                      Recruitment process; Selection process; Internal and external recruitment                      Training; Motivating and retaining staff; Industrial action                      Workplace legislation; Technology in HR                      COMPLETE MARKETING SECTION OF 2022 PAPER (ACCESS THROUGH ACHIEVE)                      Other available resources: Achieve, BBC Bitesize, SQA website, Scholar, Tasks on Glow, Leckie and Leckie textbooks, jotters</p>
<p><b>7</b> 6/4-12/4</p>	<p><b>Finance</b>                      Sources of finance – short and long term; Fixed and variable costs                      Cash budgets – cash flow problems and how to resolve                      Income statements – calculating profit, defining sales revenue, gross/net profit, expenses                      Break-even – calculating break-even by formula or chart                      Technology in Finance – use of spreadsheets, word processing, databases                      COMPLETE FINANCE SECTION OF 2023 PAPER (ACCESS THROUGH ACHIEVE) – Questions 5a, 5b and 5c                      PAGE 135 OF TEXTBOOK – COMPLETE FINANCE QUESTIONS                      PAGE 128 OF TEXTBOOK CASE STUDY 'CARS R US' – COMPLETE ALL QUESTIONS ON BREAK EVEN</p>
<p><b>8</b> 13/4-19/4</p>	<p><b>Combined Practice</b>                      SUBLIME HAIRDRESSING 2023 PAPER – complete full case study                      ORBIT 2021 PAPER – complete full case study                      Complete full Specimen Paper – Section 1 and Section 2 (NO NOTES) – access through Glow or SQA website                      Personal revision also required – mind maps, questions, revision cards, rewriting notes, practicing different command words</p>

*Resources: Achieve, BBC Bitesize, SQA website, Scholar, Teams, school site. Newly created past paper questions by topic on school site. Personal revision throughout: Case Study Practice, Mind maps, Flash cards, Command words. Complete full Specimen Paper (NO NOTES) via Glow or SQA website.*

# ■ Computing Science

National 5

WEEK	STUDY FOCUS
<p><b>1</b> 23/2-1/3</p>	<p><b>Computer Systems</b>            Environmental impact – reducing energy usage            Security precautions – firewalls and encryption            Translator programs – advantages and disadvantages of compiler and interpreter            Revision sources: Achieve, jotter/folder notes, textbook, Scholar</p>
<p><b>2</b> 2/3-8/3</p>	<p><b>Computer Systems</b>            Computer architecture components – address bus/data bus/unique memory addresses            Processor – CAR – Control unit/Arithmetic and logic unit (ALU)/Registers            Revision sources: Achieve, jotter/folder notes, textbook, Scholar</p>
<p><b>3</b> 9/3-15/3</p>	<p><b>Computer Systems</b>            Converting decimal to binary and vice versa            Floating point representation – mantissa and exponent            ASCII – calculating the amount of bits required to store characters            Bit-mapped graphics representation            Vector graphics – objects and attributes            Revision sources: Achieve, jotter/folder notes, textbook, Scholar</p>
<p><b>4</b> 16/3-22/3</p>	<p><b>Databases</b>            GDPR principles            Data dictionary/primary key/foreign key/data types e.g. text, number &amp; currency            Referential integrity            Types of validation            Revision sources: Achieve, jotter/folder notes, textbook, Scholar</p>

## ■ Computing Science (continued)

WEEK	STUDY FOCUS
<p style="text-align: center;"><b>5</b> 23/3-29/3</p>	<p><b>Databases</b></p> <ul style="list-style-type: none"> <li>Entity-relationship diagram</li> <li>SQL statements – insert/update/delete/equi-join</li> <li>Reading, interpreting, design &amp; writing SQL statements</li> <li>Revision sources: Achieve, jotter/folder notes, textbook, Scholar</li> </ul>
<p style="text-align: center;"><b>6</b> 30/3-5/4</p>	<p><b>Software Design and Development</b></p> <ul style="list-style-type: none"> <li>Iterative software development process – Analysis, Design, Implementation, Testing, Documentation &amp; Evaluation</li> <li>Analysis – inputs/processes/outputs</li> <li>Design techniques – flowcharts/structure diagrams/pseudocode</li> <li>User-interface design – wireframe</li> <li>Data types – integer/float (real)/string/character/boolean/structured data type = array</li> <li>Revision sources: Achieve, jotter/folder notes, textbook, Scholar</li> </ul>
<p style="text-align: center;"><b>7</b> 6/4-12/4</p>	<p><b>Software Design and Development</b></p> <ul style="list-style-type: none"> <li>Logical operators – AND, OR, NOT</li> <li>Pre-defined functions with parameters – random/round/length</li> <li>Standard algorithms – input validation/running total within loop/array</li> <li>Types of loops – fixed loop and conditional loop</li> <li>Reading, understanding and writing python code</li> <li>Revision sources: Achieve, jotter/folder notes, textbook, Scholar</li> </ul>
<p style="text-align: center;"><b>8</b> 13/4-19/4</p>	<p><b>Software Design and Development</b></p> <ul style="list-style-type: none"> <li>Program errors – syntax/logic/execution errors</li> <li>Types of test data – normal/extreme/exceptional</li> <li>Evaluation – fitness for purpose/efficiency/robustness/readability</li> <li>Methods to make code readable e.g. internal commentary/meaningful variable names</li> <li>Revision sources: Achieve, jotter/folder notes, textbook, Scholar</li> </ul>

# ■ Mathematics

National 5

WEEK	STUDY FOCUS
<p style="text-align: center;"><b>1</b> 23/2-1/3</p>	<p><b>Multiplying out Brackets / Percentages / Arcs and Sectors</b></p> <p>Multiplying out Brackets: Single term outside a bracket; Two brackets with two terms each; Two brackets, one with two terms, one with three terms; Squaring brackets; Cubing brackets</p> <p>Percentages: Appreciation/depreciation – quick method using multiplier and power; If decreasing subtract % from 100, if increasing add % to 100 to get multiplier; Working backwards – show the three lines of working e.g. <math>70\% = 1610</math>, <math>1\% = 1610 / 70 = 23</math>, <math>100\% = 2300</math></p> <p>Arcs and Sectors: Find arc length (use fraction and circumference of circle); Find sector area (use fraction and area of circle); Find angle if given arc length or sector area</p>
<p style="text-align: center;"><b>2</b> 2/3-8/3</p>	<p><b>Statistics / Volume / Straight Line</b></p> <p>Statistics: Find quartiles; Calculate IQR; Find mean; Calculate Standard Deviation; Compare mean/median and IQR/SD (smaller SD = more consistent); Relate comment back to context</p> <p>Volume: Volume of cuboid, cylinder and any prism (area of base x height/length – not on formula sheet); Volume of cone, pyramid and sphere using formulas; Work back to height or radius if given volume</p> <p>Straight Line: Gradient formula; Parallel lines; x-axis (<math>y=0</math>) and y-axis (<math>x=0</math>) coordinates; Rearrange into <math>y = mx + c</math>; Find equation using <math>y - b = m(x - a)</math></p>
<p style="text-align: center;"><b>3</b> 9/3-15/3</p>	<p><b>Fractions / Trigonometry / Factorising and Completing the Square</b></p> <p>Fractions: Change mixed fractions to top heavy; Add/subtract by finding common denominator; Multiply (multiply numerators and denominators); Divide (flip second fraction and multiply)</p> <p>Trigonometry: Fill in all missing angles in triangle; Area formula (two sides and angle between); Cosine rule (missing side or angle); Sine rule (pairs of values); Turn sine rule upside down for missing angle; Identify questions needing sine rule twice</p> <p>Factorising and Completing the Square: Common factor first; Difference of two squares; Trinomial factorising; Trinomial with coefficient e.g. <math>3x^2</math>; Complete the square by halving x-term coefficient</p>
<p style="text-align: center;"><b>4</b> 16/3-22/3</p>	<p><b>Surds and Indices / Scientific Notation / Algebraic Fractions</b></p> <p>Surds and Indices: Know square numbers; Add/subtract same surds; Multiply surds; Simplify surds (find largest square number factor); Add/subtract different surds by simplifying first; Multiply brackets with surds; Rationalise denominator</p> <p>Scientific Notation: Large numbers e.g. 286000000 – move decimal point until between 1 and 10, multiply by 10 to the power of places moved; Small numbers e.g. 0.00000154 – same but negative power; Calculations in scientific notation</p> <p>Algebraic Fractions: Simplify by factorising numerator/denominator and cancelling; Find common denominator to add/subtract; Multiply and divide using normal fraction rules</p>

## ■ Mathematics (continued)

WEEK	STUDY FOCUS
<p style="text-align: center;"><b>5</b> 23/3-29/3</p>	<p><b>Vectors / Functions / Equations and Inequalities</b></p> <p>Vectors: Identify components from a diagram; Add, subtract and multiply 2D and 3D vectors; Find magnitude of 2D or 3D vector; Complete a vector journey (parallel lines same vector name, may be multiples); Identify coordinates of 3D objects (x, y, z)</p> <p>Functions: Evaluate <math>f(x)</math> by substituting value in place of x e.g. <math>f(x)=3x+5</math>, <math>f(2)=11</math>; Solve a function to find unknown variable e.g. if <math>f(a)=20</math> solve to find a</p> <p>Equations and Inequalities: Unknowns on both sides; Equations with brackets; Equations with fractions (multiply through by LCM); Inequalities same method as equations; Dividing by negative reverses inequality sign e.g. <math>-2x&gt;10</math> gives <math>x&lt;-5</math></p>
<p style="text-align: center;"><b>6</b> 30/3-5/4</p>	<p><b>Pythagoras / Simultaneous Equations / Change Subject of the Formula</b></p> <p>Pythagoras: Identify hypotenuse or shorter side; Space diagonal (two Pythagoras calculations – first find face diagonal, then use it to find space diagonal); Converse of Pythagoras (may involve directions); State conclusion e.g. 'by the converse of Pythagoras <math>c^2 = a^2 + b^2</math> therefore the frame is right angled'</p> <p>Simultaneous Equations: Identify two equations; Choose variable to cancel (same value in both, one negative); Write equation to represent given information; Multiply through by positive and negative numbers; Always state final answer explicitly</p> <p>Change Subject of the Formula: Perform opposite operations to move variables; Flip formula to get variable on correct side</p>
<p style="text-align: center;"><b>7</b> 6/4-12/4</p>	<p><b>Quadratics 1 / Similarity / Trig Graphs</b></p> <p>Quadratics 1: Sketch a parabola (factorise and set = zero for roots; midpoint of roots for turning point; <math>x=0</math> for y-intercept); Quadratic formula for decimal/significant figure answers; Discriminant <math>b^2-4ac</math> (<math>&gt;0</math> two real roots, <math>=0</math> one real root, <math>&lt;0</math> no real roots); Use discriminant to find unknown</p> <p>Similarity: Find linear scale factor (reduction or enlargement); Scale factor squared for area, cubed for volume; Work backwards from area (square root) or volume (cube root); Identify similar triangles and separate in diagram</p> <p>Trig Graphs: Identify basic sine, cosine and tan graphs; "a" value = amplitude in <math>y=a \sin x</math>; "b" value = number of waves in <math>360^\circ</math> in <math>y=a \sin bx</math>; Up/down shift <math>y=a \sin x + c</math>; Left/right shift <math>y=\sin(x\pm b)</math> (left = positive, right = negative)</p>
<p style="text-align: center;"><b>8</b> 13/4-19/4</p>	<p><b>Missing angles and lengths in circles / Trig Equations / Quadratics 2 / Trig Identities</b></p> <p>Missing angles/lengths in circles: Identify radius, diameter and chord; Angles in triangle = <math>180^\circ</math>; Isosceles triangle formed by two radii; Right angle in circle where diameter is hypotenuse; Right angle where radius meets tangent; Find missing length using Pythagoras</p> <p>Trig Equations: Four quadrants of trig graph; CAST diagram (where sin, cos, tan are positive/negative); Use calculator inverse/shift/2nd function; Apply equation-solving skills to trig equations</p> <p>Quadratics 2: Equation of form <math>y=kx^2</math> by substituting values; Positive or negative k; Sketch parabola from completed square form (turning point coordinates, y-intercept; maximum or minimum turning point)</p> <p>Trig Identities: Identify trig identities and use to simplify an expression or calculate a value</p>

*Use SQA past papers, Scholar and Achieve. Show all working. Use the formula sheet in exam.*

**STUDY  
STARTS  
NOW  
2026**

# **SCIENCE**

*National 5 • 8-Week Revision Plans*

- **Biology**
- **Chemistry**
- **Physics**

# ■ Biology

National 5

WEEK	STUDY FOCUS
<p><b>1</b> 23/2-1/3</p>	<p><b>Cell Biology</b> Use Achieve Self Evaluation tool or Content Checklists to find any content in Cell Biology unit that needs to be developed and revised this week Remember to look over your prelim review sheet that showed areas of Cell Biology that you might not have achieved. Review this carefully and ensure you revisit those Key Areas BBC Bitesize National 5 Biology: <a href="https://www.bbc.co.uk/bitesize/subjects/zync87h">https://www.bbc.co.uk/bitesize/subjects/zync87h</a></p>
<p><b>2</b> 2/3-8/3</p>	<p><b>Multicellular Organisms</b> Use Achieve Self Evaluation tool or Content Checklists to find any content in Multicellular Organisms unit that needs to be developed and revised this week</p>
<p><b>3</b> 9/3-15/3</p>	<p><b>Life on Earth</b> Use Achieve Self Evaluation tool or Content Checklists to find any content in Life on Earth unit that needs to be developed and revised this week</p>
<p><b>4</b> 16/3-22/3</p>	<p><b>Apparatus and Scientific Enquiry</b> Use Achieve Self Evaluation tool on apparatus and scientific enquiry Recheck all content is at least Amber before going into Easter Study Leave</p>
<p><b>5</b> 23/3-29/3</p>	<p><b>Past Papers</b> Work at least 2 full past papers – use the mark schemes to check that answers are fully in line with SQA demands Easter school available for support!!!</p>
<p><b>6</b> 30/3-5/4</p>	<p><b>Past Papers – Timed Conditions</b> Work at least 2 full past papers – under timed conditions Make sure you have a note of any content queries or questions you were unsure would get the marks for return to school</p>
<p><b>7</b> 6/4-12/4</p>	<p><b>Final Content Push</b> Final push on making sure you have all content clear Use the Scholar and Achieve check tests</p>
<p><b>8</b> 13/4-19/4</p>	<p><b>Problem Solving Past Papers</b> Practice more past paper questions Including the problem solving! (extra problem solving, organised by type on S4 Biology revision Team) Remember all the feedback you have from doing the problem solving sheets in class EXAM Tuesday 28th April 2026</p>

SQA Exam: Tuesday 28th April 2026 (afternoon)

BBC Bitesize N5 Biology: <https://www.bbc.co.uk/bitesize/subjects/zync87h>

# ■ Chemistry

National 5

WEEK	STUDY FOCUS
<p><b>1</b> 23/2-1/3</p>	<p><b>Chemistry in Society – Metals</b> Metallic bonding and properties; Reactivity Reactions and extraction methods <i>Scholar: U3-&gt;1-3   Achieve/JabChem PPQ</i></p>
<p><b>2</b> 2/3-8/3</p>	<p><b>Electrochemical Cells and Redox</b> Electrochemical series; Electron flow Writing ion-electron equations <i>Scholar: U3-&gt;4, U2-&gt;2,3,4</i></p>
<p><b>3</b> 9/3-15/3</p>	<p><b>Fertilisers and Acids &amp; Bases</b> pH scale and neutralisation; Ionic equations Haber and Ostwald processes <i>Scholar: U1-&gt;8-9, U3-&gt;6</i></p>
<p><b>4</b> 16/3-22/3</p>	<p><b>Atomic Structure and Nuclear Chemistry</b> Atomic structure, isotopes, nuclear radiation Half-life calculations <i>Scholar: U1-&gt;2, U3-&gt;7</i></p>
<p><b>5</b> 23/3-29/3</p>	<p><b>Homologous Series and Plastics</b> Systematic naming, structures, isomers Unsaturation tests; Addition polymerisation <i>Scholar: U2-&gt;2-4, U3-&gt;5</i></p>
<p><b>6</b> 30/3-5/4</p>	<p><b>Consumer Products and Fuels</b> Alcohols, carboxylic acids, structural formulas Energy calculations: <math>E_h = cmDT</math> <i>Scholar: U2-&gt;5-7</i></p>
<p><b>7</b> 6/4-12/4</p>	<p><b>Bonding and Properties</b> Bonding types: covalent, ionic, metallic Properties and molecular shapes <i>Scholar: U1-&gt;3-4, U3-&gt;1   evans2chemweb.co.uk (User: Stranraer, Pass: tin)</i></p>
<p><b>8</b> 13/4-19/4</p>	<p><b>Formulae and Calculations</b> Writing formulas, balancing equations Mole calculations, concentration, titration <i>evans2chemweb.co.uk (User: Stranraer, Pass: tin)</i></p>

[evans2chemweb.co.uk](http://evans2chemweb.co.uk) — Username: Stranraer | Password: tin

# ■ Physics

National 5

WEEK	STUDY FOCUS	FORMULAS
<b>1</b> Monday 23 Feb	<b>Calculation skills + Dynamics</b> Calculation skills: Symbols, units, prefixes, rearranging or formula triangles Dynamics: Vectors & Scalars; resultant at right angles; trig/Pythagoras/scale diagram; average/instantaneous speed; v-t graphs; area under graph; acceleration from graph, experiment & calculations <i>SCHOLAR: National 5 Physics &gt; 7. Appendix &gt; 2   National 5 Physics &gt; 1. Dynamics &gt; 1-3</i>	<i>If the only force acting on an object is its weight then <math>a=g</math>.</i> <i>If forces are balanced <math>a=0</math>, constant velocity.</i> $d=vt$ , displacement=area under v-t graph $a=(v-u)/t$ , acceleration = gradient of v-t graph
<b>2</b> Monday 2 Mar	<b>Forces</b> Newton's Laws, balanced/unbalanced forces; resolving forces; friction; weight & mass; terminal velocity <i>SCHOLAR: National 5 Physics &gt; 1. Dynamics &gt; 4</i>	$F=ma$ $W=mg$
<b>3</b> Monday 9 Mar	<b>Energy + Projectile motion</b> Energy: Conservation of energy; work done; potential energy; kinetic energy Projectile motion: horizontal and vertical motions; graphs; satellites and projectiles <i>SCHOLAR: National 5 Physics &gt; 1. Dynamics &gt; 5   National 5 Physics &gt; 1. Dynamics &gt; 6</i>	$E_w=Fd$ $E_p=mgh$ $E_k=1/2mv^2$ $v=u+at$
<b>4</b> Monday 16 Mar	<b>Space</b> Current understanding; terms; satellites, geostationary, period vs height; challenges, risks & benefits; weight on other planets Cosmology: light year; age of universe; big bang; EM spectrum information; spectra <i>SCHOLAR: National 5 Physics &gt; 2. Space &gt; 1-3</i>	<i>For light year: <math>d=vt</math></i> <i>Speed of electromagnetic wave = speed of light</i>

## ■ Physics (continued)

WEEK	STUDY FOCUS	FORMULAS
<b>5</b> Monday 23 Mar	<b>Properties of Matter (Thermodynamics + Gas)</b> Heat energy and temperature; specific heat capacity; latent heat, change of state Gas: Pressure, kinetic model of gas, 3 Gas laws and experiments, Kelvin scale <i>SCHOLAR: National 5 Physics &gt; 4. Properties of Matter &gt; 1-4</i>	$Eh=cmDT$ $Eh=ml, P=E/t$ $p=F/A$ $P_1V_1=P_2V_2$ $P_1/T_1=P_2/T_2$ $V_1/T_1=V_2/T_2$ $0K=-273 \text{ degrees C}$
<b>6</b> Monday 30 Mar	<b>Electricity</b> Charge, voltage, current; ac/dc; charged particles in an electric field; Ohm's law; use of voltmeter and ammeter; potential dividers; components; transistor circuits; series & parallel current, voltage and resistance; power formulas; fuse ratings <i>SCHOLAR: National 5 Physics &gt; 3. Electricity &gt; 1-5</i>	$Q=It$ $V=IR$ $V_2=(R_1/R_1+R_2)V_s$ $V_1/V_2=R_1/R_2$ $P=IV, P=I^2R, P=V^2/R$ $P=E/t$ $RT=R_1+R_2+\dots$ $1/RT=1/R_1+1/R_2+\dots$
<b>7</b> Monday 6 Apr	<b>Waves + EM Spectrum + Refraction</b> Waves: Definitions; formula; $v, f, \lambda$ ; period; diffraction diagrams; long & short $\lambda$ EM spectrum: Energy; uses; sources; detectors; $v, f, \lambda$ , speed Refraction of Light: Change in speed, direction and wavelength; normal, incidence & refraction angles, ray diagrams <i>SCHOLAR: National 5 Physics &gt; 5. Waves &gt; 1-4</i>	$v=d/t$ $v=f*\lambda$ $f=N/t$ $T=1/f$
<b>8</b> Monday 13 Apr	<b>Radiation</b> alpha, beta, gamma radiation properties, ionisation, radiation dangers, activity, background radiation absorbed dose, equivalent dose, weighting factor, safety limits applications of $A=N/t, D=E/m, H=DWr, H'=H/t$ radiation in medicine and industry, half-life experiments and graphs, nuclear fission & fusion <i>SCHOLAR: National 5 Physics &gt; 6. Nuclear &gt; 1-5</i>	$A=N/t$ $D=E/m$ $H=DWr$ $H'=H/t$

SCHOLAR and ACHIEVE are accessed using your GLOW login

**STUDY  
STARTS  
NOW  
2026**

**SOCIAL  
SUBJECTS**

*National 5 • 8-Week Revision Plans*

- **Geography**
- **History**
- **Modern Studies**
- **RMPS**

# ■ Geography

National 5

WEEK	STUDY FOCUS
<p><b>1</b> 23 Feb – 1 Mar</p>	<p><b>Physical Environments – Glaciated Uplands</b> Formation of corries, aretes, pyramidal peaks, U-shaped valleys Glacial deposition: drumlins, moraines, eskers</p>
<p><b>2</b> 2 – 8 Mar</p>	<p><b>Physical Environments – Rivers and Valleys</b> V-shaped valleys, waterfalls, meanders, ox-bow lakes Hydrological cycle and hydrographs</p>
<p><b>3</b> 9 – 15 Mar</p>	<p><b>Human Environments – Urban</b> Urban land use zones and their characteristics Urban change and management: housing, transport, regeneration</p>
<p><b>4</b> 16 – 22 Mar</p>	<p><b>Human Environments – Rural</b> Farming types and land use in developed/developing countries Rural land degradation: causes, impacts, management in the Sahel</p>
<p><b>5</b> 23 – 29 Mar</p>	<p><b>Global Issues – Climate Change</b> Physical and human causes of climate change Effects of climate change; Management strategies and their effectiveness</p>
<p><b>6</b> 13 – 19 Apr</p>	<p><b>Global Issues – Development &amp; Health</b> Development indicators; Differences in development between countries Malaria: causes, effects, management; Primary Health Care schemes</p>
<p><b>7</b> 20 – 26 Apr</p>	<p><b>Global Issues – Trade &amp; Globalisation</b> Causes and effects of world trade patterns Impact of globalisation; Transnational corporations</p>
<p><b>8</b> 27 Apr – 3 May</p>	<p><b>Geographical Skills + Revision</b> OS map skills: grid references, contours, cross-sections Interpreting maps, graphs, diagrams, and statistical data Past paper practice across all topics</p>

# History

National 4 & 5

WEEK	STUDY FOCUS
<p><b>1</b> 23 Feb – 1 Mar</p>	<p><b>Era of the Great War – Scots on the Western Front</b> Recruitment; trench experience; military tactics Technology: gas, tanks, machine guns, aircraft, artillery USE: WW1 Cards 1–9   PRACTICE: Explain questions</p>
<p><b>2</b> 2 – 8 Mar</p>	<p><b>Atlantic Slave Trade – The Triangular Trade</b> Middle Passage conditions; slave factories Trade organisation; effects on British ports African societies and West Indian plantations USE: Slave Trade Cards 1–6, 11–12, 18   PRACTICE: Evaluate Usefulness</p>
<p><b>3</b> 9 – 15 Mar</p>	<p><b>Era of the Great War – Domestic Impact: Society</b> Defence of Realm Act; Rationing Women's changing role; Propaganda Conscription and casualties USE: WW1 Cards 10–12, 14, 16   PRACTICE: 9 Mark Question</p>
<p><b>4</b> 16 – 22 Mar</p>	<p><b>Atlantic Slave Trade – Britain and Caribbean</b> Tropical crops and British influence Economic impact on Britain (banking, shipbuilding, textiles) Caribbean island development USE: Slave Trade Cards 5, 14, 20–21   PRACTICE: Comparison</p>
<p><b>5</b> 23 – 29 Mar</p>	<p><b>Era of the Great War – Industry and Economy</b> War work and reserved occupations Post-war industrial decline New industries in the 1920s USE: WW1 Cards 13, 15, 18–20   PRACTICE: Evaluate Usefulness</p>
<p><b>6</b> 13 – 19 Apr</p>	<p><b>Atlantic Slave Trade – Captive Experience</b> Plantation living and working conditions Treatment, discipline, and resistance USE: Slave Trade Cards 6, 13, 22   PRACTICE: How Fully</p>
<p><b>7</b> 20 – 26 Apr</p>	<p><b>Era of the Great War – Political Impact</b> Women's suffrage campaigns; Rent strikes Franchise extension; Homes fit for heroes USE: WW1 Cards 21–24   PRACTICE: 9 Mark &amp; Evaluate</p>
<p><b>8</b> 27 Apr – 3 May</p>	<p><b>Atlantic Slave Trade – Abolitionist Campaigns</b> Movement origins; Wilberforce role Christian, humanitarian, economic arguments Methods and evidence (Clarkson, Equiano) USE: Slave Trade Cards 7–10, 23–24   PRACTICE: Comparison &amp; How Fully</p>

# ■ Modern Studies

National 5

WEEK	STUDY FOCUS
<b>1</b> 23 Feb – 1 Mar	<b>Crime in the UK</b> Nature, causes, and consequences of crime Demographics of crime Source Skill: Decision Making
<b>2</b> 2 – 8 Mar	<b>Responses to Crime</b> Police technology and branches Custodial and non-custodial sentences Source Skill: Conclusions
<b>3</b> 9 – 15 Mar	<b>Responses to Crime (continued)</b> Courts and government responses to crime Children's hearing system Source Skill: Support and Oppose
<b>4</b> 16 – 22 Mar	<b>USA – Political System</b> Political rights and participation Factors affecting participation (race, wealth, gender) Women's underrepresentation Source Skill: Decision Making
<b>5</b> 23 – 29 Mar	<b>USA – Inequality</b> Social and economic causes of inequality Government responses to inequality; US political influence Source Skill: Conclusions
<b>6</b> 13 – 19 Apr	<b>Democracy in Scotland</b> Political rights and devolved powers of the Scottish Parliament Participation methods: voting, lobbying, pressure groups Source Skill: Support and Oppose
<b>7</b> 20 – 26 Apr	<b>Democracy in Scotland (continued)</b> Elections and campaigning in Scotland Role of Trade Unions, media, First Minister, committees
<b>8</b> 27 Apr – 3 May	<b>Democracy in Scotland – Final</b> Role of MSPs; Voting systems (FPTP and AMS) Representation issues in the Scottish Parliament Source Skill: Decision Making

## Resources:

BBC Bitesize: <https://www.bbc.co.uk/bitesize/subjects/zs48q6f>

SQA Past Papers: <https://www.sqa.org.uk/pastpapers/findpastpaper.htm?subject=Modern+Studies&level=N5>

Revision Notes available on TEAMS

WEEK	STUDY FOCUS
<p><b>1</b></p> <p>23 Feb – 1 Mar</p>	<p><b>Buddhism Beliefs – Including links and impact</b></p> <ul style="list-style-type: none"> <li>• Beliefs about the Buddha (life, meaning, teachings, death)</li> <li>• 3 Marks of Existence (Anicca, Anatta, Dukkha, Kisa Gotami)</li> <li>• 4 Noble Truths (Dukkha, Samudaya, Nirodha, Magga)</li> </ul>
<p><b>2</b></p> <p>2 – 8 Mar</p>	<p><b>Buddhism Beliefs – including links and impact ·</b></p> <ul style="list-style-type: none"> <li>• Kamma ·</li> <li>• Samsara – including 3 root poisons</li> <li>• Nibbana</li> </ul>
<p><b>3</b></p> <p>9 – 15 Mar</p>	<p><b>Buddhism Practices ·</b></p> <ul style="list-style-type: none"> <li>• 3 Jewels (Buddha, Dharma, Sangha)</li> <li>• 5 precepts</li> <li>• 8 fold Path</li> <li>• Worship (Meditation &amp; Puja)</li> </ul>
<p><b>4</b></p> <p>16 – 22 Mar</p>	<p><b>Philosophy Basic Arguments</b></p> <ul style="list-style-type: none"> <li>• Nature of God (Omniscient, Omnipotent, Omnibenevolent, Omnipresent, Eternal)</li> <li>• Problem of Evil and Suffering &amp; Immovable Rock</li> <li>• Christianity (Genesis, Literal Christianity, Metaphorical Christianity)</li> </ul> <p>Science (Big Bang and Evolution – including evidence)</p>
<p><b>5</b></p> <p>23 – 29 Mar</p>	<p><b>Cosmological Argument &amp; Pascal's Wager</b></p> <ul style="list-style-type: none"> <li>• Pascal's Wager</li> <li>• Aquinas Cosmological Argument (including 5 ways)</li> <li>• Hume's Criticisms &amp; Christian Responses</li> <li>• Science &amp; Cosmology (Big Bang and Cosmology, Metaphorical Christianity)</li> </ul>
<p><b>6</b></p> <p>13 – 19 Apr</p>	<p><b>Teleological Argument &amp; Anthropic Principle</b></p> <ul style="list-style-type: none"> <li>• Basic Design Argument &amp; Paley's Watch (including evidence of design)</li> <li>• Criticisms (Hume, Swinburne) &amp; Christian Responses</li> <li>• Science &amp; Teleology (Evolution and Teleology, Metaphorical Christianity)</li> </ul> <p>Anthropic Principle (Evidence of Design?)</p>
<p><b>7</b></p> <p>20 – 26 Apr</p>	<p><b>Crime in the UK – including responses (Religious and Non-religious: Utilitarianism)</b></p> <ul style="list-style-type: none"> <li>• Purposes of Punishment (Reform, Retribution, Deterrence, Protection)</li> <li>• Causes of Crime (Social, Environmental, Psychological)</li> <li>• Responses to Crime (Custodial, non-custodial, crime prevention)</li> </ul>
<p><b>8</b></p> <p>27 Apr – 3 May</p>	<p><b>Capital Punishment &amp; Life Tariffs – Including responses (Religious and Non-religious)</b></p> <ul style="list-style-type: none"> <li>• Methods of Execution (Lethal injection, Electrocutation, Hanging, Gas Chamber)</li> <li>• Whole Life Tariffs</li> <li>• Humaneness of above (Pain, Human Rights, Effect on people)</li> <li>• Comparative effectiveness (Cost, Meeting the PofP, Tackling CofC)</li> </ul>

# STUDY STARTS NOW 2026



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